



# Milwaukee Social Club

## **INDOOR Volleyball Rules & Procedures (Revised Spring 2010)**

### **POINTS OF INTEREST:**

1. Volleyballs will be provided by Milwaukee Social Club. Teams may supply their own, if they so choose. Official game ball must be agreed-upon by both teams.
2. All rosters must be finalized by week three of the season. Please turn in any roster changes and monies due to the MSC office, NOT to the league supervisor. Rosters must include full names, complete home addresses, and phone numbers for each player.
3. Any team with outstanding balances may be subject to forfeit until fees are paid.
4. **Coed 6's:** A team consists of six (6) players on the court. A team cannot have more than three (3) players of either gender on the court. A minimum of four players (two males and 2 females) are required to begin the game.
5. **Coed 4's:** A team consists of four (4) players on the court. A team cannot have more than two (2) players of either gender on the court. A minimum of three players (with at least one female) are required to begin a game.
6. Opposing teams can approve any differences, and any approval stands throughout the match.
7. Any team not having the minimum players ready by the start of the game will be subject to late penalties and possible forfeit. (Minimum not met by game time = lose first game. Minimum not met 10 minutes later = lose match.)
8. A paid referee will be provided for all games.
9. Players must sign in each week prior to game times.
10. Players not on official roster (subs) must be approved by opposing team. No subs are allowed in playoff situations.
11. Unsportsmanlike conduct will not be tolerated. Referees have the right to eject a player from a match/game if that player curses at the referee, their opponents, or is considered unruly.
12. No refunds can be honored once the season has begun.

### **RULES OF PLAY:**

1. Teams "choose" (rock-paper-scissors, etc.) to begin play. Winner has choice of side or serve. The serve will then alternate teams throughout the match.
2. Specific rules concerning gym obstacles will be explained by the referee.
3. Three games or 55 minutes will be played, whichever comes first.
4. Games are rally scoring, played to 25 points. Win by two points, maximum of 27.
5. Teams switch sides after each game.
6. Serves must clear the net.
7. Setting is allowed off the serve. Attacking/blocking the ball is not allowed.
8. Unless the net system has antennae, any ball returned within the poles is considered in play.
9. Back row players can block, but cannot attack the ball at the net. (10 foot rule applies.)
10. A legal hit is any part of the body ABOVE the waist.
11. Players cannot cross the plane under the net.
12. Serves can be from anywhere along the back line of the court.
13. If a ball is hit more than once per side, a female must be involved in at least one of those hits.
14. Three hits max. If the ball is volleyed back on one hit, that hit can be from a male or a female.

### **MISCELLANEOUS:**

1. League standings will be available at the courts and online as of week three.

2. Schedules are available at the games and are posted on MSC's website:  
**[www.MilwaukeeSocialClub.com](http://www.MilwaukeeSocialClub.com)**.
3. The final week of the season is playoffs/mini-tourney. The top teams of each league will play multiple rounds on this evening. The number of teams advancing depends on the league size. Teams involved in the playoff round will have their captains contacted (by phone and/or email).
4. The championship team wins prizes from MSC and the league sponsor bar. Prizes vary based on league size, but generally can include t-shirts and a team pitcher party.

***The head supervisor/referee has the right to override/overrule all.  
Remember, the main purpose of Milwaukee Social Club leagues is to have fun.  
Enjoy yourself and have a good time!***